

Trustees' Annual Report & Financial Statements





Bellahouston Harriers

Nil Desperandum

Hello

An Introduction

This is the club's annual report and financial statements for the year 1st July 2023 - 30th June 2024, the third such report since our incorporation as a SCIO in June 2021.

These reports are submitted on behalf of all current trustees. The reports were agreed by them on 7th August 2024 and presented to the members at the club AGM on 19th September 2024.

BELLAHOUSTON HARRIERS



President's Introduction

I was honoured to serve as President of Bellahouston Harriers for 2023/2024. Thanks to the previous committee's hard work, this committee inherited a strong foundation, enabling us to pursue ambitious projects. As our club grows, we're tackling new challenges while upholding Scottish Athletics standards and maintaining our charity status. Here are some of the key initiatives we've focused on this year.

Membership and Involvement

One of our primary objectives this year was to encourage broader participation in the club's decision-making processes and day-to-day operations. By involving more members, we aimed to foster a stronger sense of collective responsibility and community. To achieve this, we established several key sub-groups and made various appointments to support the committee and the broader membership.

Junior Division

This year, we focused on revitalising the Junior Division. The appointment of our new Junior Head Coach, June McLeod, was pivotal, with membership growing from 8 to 34. A dedicated Junior Sub-group was established to guide the division's strategy, resulting in the creation of a comprehensive parents' handbook, successful funding applications, and additional support mechanisms. Key roles, including Junior Captain and Lead positions for boys and girls, were filled. We also introduced the "Summer Championships" and awards to acknowledge the achievements of our junior members, solidifying their importance within the club.

Coaching

Our coaching team underwent significant changes to meet the club's evolving needs. Led by our new coaching co-ordinator, Donald McLaren, we revised risk assessments and enhanced training measures. We secured over £2,000 in funding to train seven new coaches through Scottish Athletics, with plans to seek further funding as the club continues to grow. Our welfare officer, Kathryn Burningham, played a crucial role in managing licences and PVG checks, ensuring compliance with safeguarding policies, particularly with the increased focus on Junior Welfare.

Social Group Overview

This year, we revitalised the social dynamics of the club by reintroducing pre-COVID activities and creating new opportunities for members to connect beyond running and racing. The Social Sub-group, in collaboration with the committee, organised various events, including nights out and training weekends, to strengthen camaraderie. Additionally, we worked on better aligning our racing championships with prize-giving events to celebrate member achievements more effectively, fostering informal interaction and enhancing the overall club experience.

Consultation

To engage and empower our members, we launched the first Annual Members Survey in April, gathering open feedback on what the club is doing well and areas for improvement. We also initiated the largest consultation in the club's history to discuss the future of our base of operations. This consultation focused on supporting our growing Junior groups, achieving better value, and enhancing the quality of our provisions. These efforts aim to ensure that decisions reflect the majority's interests and provide a mandate for change when needed, keeping the club relevant to the diverse community it serves.

Identity and Branding Overview

This year, we completed the brand rationalisation project to ensure consistency across all platforms, including the club kit, racing vests and our gazebo. We unveiled a new logo that honours the club's rich history and achievements. Members are excited to race in the new vests and train in the updated club colours, highlighted by a brief animation that tracks our identity over our 132-year history ([QR code below](#)).

Conclusion

As our club continues to grow, it serves as a home for seasoned racers and members who enjoy socialising while staying fit. We have seen a vast array of members competing across various disciplines and distances, reflecting the diversity and dedication within our community. While it is impossible to capture every accomplishment in detail, this report highlights some key achievements to celebrate our remarkable members.

In conclusion, the past year has been marked by significant growth and development. Through increased member involvement, strategic initiatives, and a renewed focus on community and identity, we have laid a strong foundation for the future. As president, I formally thank the hardworking committee of trustees, sub-group leads and members, volunteers, and wider club members who support our week-to-week activities, from coaching to our TeamApp operators. We need the continuing support of members to continue to develop and grow our club.

I now present to OSCR, on behalf of all current trustees and as agreed by them all on 3rd September 2024, the club's annual report and financial statements for the year 1st July 2023 – 30th June 2024, the third of our reports since our incorporation as a Scottish Charitable Incorporated Organisation (SCIO).

Scott Mason

President
3rd Sept. 24



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Values



PURPOSE: TRAINING > SUPPORT > DEVELOPMENT > BELLAHOUSTON HARRIERS
 VALUES: HERITAGE: DISTINCTION / PRIDE / LEGACY
 WELLBEING: MOTIVATION / ENDEAVOR / CONFIDENCE / FREEDOM
 COMMUNITY: BELONGING / FOR ALL / FRIENDSHIP
 (NEVER DESPAIR)
 MIL DESPERANDUM



Social weekend - May 2024



Winter training session



Summer training session



Springburn parkrun - Summer Championship



Trustees

CLUB DETAILS

Bellahouston Harriers SCIO, c/o 0/1 111 Fotheringay Road, Glasgow, G41 4LG.

TRUSTEES

For the reporting period, the club trustees were as follows:

July 2023 - September 2023

President - Mark Matheson
 Vice President - John Cunningham
 Secretary - Barry Mitchell
 Treasurer - Claire McCormick
 Membership Secretary - Kevin Smith
 Welfare Officer - Kathryn Burningham
 Communications Officer - Alex Cuthbert
 Ordinary Member - Scott Mason

Non-trustee club posts:

Women's Captain - Gillian Glass
 Men's Captain - Darren McQuade

September 2023- June 2024

At the club's AGM on 19th September 2023, the following were elected as trustees for 2023/2024:

President – Scott Mason
 Vice President - Vacant
 Secretary – Deirdre Parkinson
 Treasurer – Claire McCormick
 Membership Secretary - Kevin Smith.
 Welfare Officer – Kathryn Burningham
 Communications Officer – Alex Cuthbert
 Ordinary Member – Carys Mitchell

Non-trustee club posts:

Women's Captain - Gillian Glass
 Men's Captain - Darren McQuade

EGM 6th March 2024

On 6th March 2024, at a Club EGM, Claire McCormick resigned as Treasurer and Duncan Anderson was elected Treasurer. The full list of current trustees approving these reports, therefore is:

President – Scott Mason
 Vice President - Vacant
 Secretary – Deirdre Parkinson
 Treasurer – Duncan Anderson
 Membership Secretary - Kevin Smith
 Welfare Officer – Kathryn Burningham
 Communications Officer – Alex Cuthbert
 Ordinary Member – Carys Mitchell

CONSTITUTION

The Club's constitution, compliant with its SCIO status was agreed at the AGM of 17th February 2021 and duly adopted upon incorporation in June 2021.

In line with OSCR good practice, the constitution was reviewed, amended and agreed at the club AGM on 19th September 2023.

The club's constitution can be viewed at;

<http://bellahoustonharriers.co.uk/governance>

CLUB PURPOSE

The club's general charitable purposes remain as outlined in Clause 4 of the constitution:

(i) the advancement of public participation in sport and (ii) the provision of recreational facilities or the organisation of recreational facilities with the object of improving the conditions of life for the persons for whom the facilities or activities are primarily intended'.

To achieve these aims, the club seeks to:

- Encourage the practice, participation, promotion and development of athletics

- Embrace participants of all abilities at athletics events
- Provide training, support and coaching for members
- Organise athletics events open to the general public

The continuing growth in our membership, the participation of our members in our training sessions and competitive racing, and the popularity of our open event, give us confidence that we are achieving these objectives.



1. Mark Matheson	8. Scott Mason
2. John Cunningham	9. Deirdre Parkinson
3. Barry Mitchell	10. Carys Mitchell
4. Claire McCormick	11. Duncan Anderson
5. Kevin Smith	12. Darren McQuade
6. Kathryn Burningham	13. Gillian Glass
7. Alex Cuthbert	



Coaching

COACHING PLAN

The coaching plan remains fundamental to the achievement of our charitable purpose and stated aims.

Our Head Coach remains Colin Thomas, a Bellahouston Harrier in his own right and a well-respected coach in Scottish, UK and international running. The Head Coach is supported by a voluntary coaching sub-group which consists of active club members who hold Scottish Athletics' Levels 1 & 2 accreditations. The coaching sub-group's purpose is to ensure our training is safe and organised in line with our governing body while supporting member runners across the full range of sessions.

The club actively recruits new coaches from the membership and continues to seek new recruits for this important club post. This also helps our runners to develop their own knowledge and gives them an opportunity to start their own coaching journey.

The training plan for 2023/2024, in its third year following a radical remodelling by Colin and the team in 2021/22, is based around three training groups:

- **Speed - Up to 5k**
- **Endurance - 10k to Half Marathon**
- **FFIT - Fun, Fit, Inclusive, Together**

The first two categories are self-explanatory, with FFIT intended for those new to running, those returning from injury, those who enjoy a run and social chat or who are simply happy with their current level of fitness and not seeking to participate in more intense sessions. It has proved an attractive starter option for some of our growing number of new members, who can then move on to the other groups as they gain speed, endurance and experience. Members can attend any of the groups and move between them depending on their racing/training priorities at any particular time of the year.

The training plans created by the Head Coach and supported by the Coaching Sub-group were published in advance and logged on the club management system TeamApp. Each session includes PDFs with route maps, session guidance notes, specific coaching points, specific hazards and full risk assessment tables.

This enables members to register for sessions and brief themselves on the specifics of that session whilst enabling the coaching team to effectively manage the entire training effort. It has also proved useful for members, who are unable to attend a club evening, to complete the session in their own time. The two main club sessions remain road/park running on a Tuesday evening and track on a Thursday.





Membership

Membership Details

The club has enjoyed a regular influx of new members. From July 2023 - June 2024, the membership increased from 185 to 255, a 38% increase.

Note* - Membership numbers are collated for, and recorded at the time of, the regular club committee meetings and the nearest applicable figures to compare June 2023 - July 2024 are those collated on 8th July 2023 and 10th July 2024.

Membership Details			
	June 2023*	July 2024*	
Seniors	177	221	+25%
Juniors	8	34	+325%
Total	185	255	+38%

Age Analysis

An age analysis of our membership shows that we are fairly well split between males and females and that we have a good number of members across all age categories:

Age Analysis			
	Female	Male	Total
Juniors 8-17 years	20	14	34
Under 20 years	0	2	2
Seniors < 40 years	47	56	103
40-49 years	25	22	47
50-59 years	15	22	37
60-69 years	13	12	25
70-79 years	2	5	7
Totals	122	133	255

Junior Growth

One of our main aims during the year has been to develop our Juniors Division i.e. those aged 8-17 years. We have visited several local schools, appointed a Juniors Coach and offered two series of one month's free taster sessions to local youngsters. As a result, we are delighted that our Juniors section has grown from 8 members to 34 over the year. Some of the new juniors are children of current senior members. However, parents of a few of our new juniors have also joined the Club, which we hadn't anticipated.

We continue to use incentives such as free one-year memberships as prizes in other local events, encouraging members' family and friends to join, offering prospective members several free "taster sessions", and a proactive approach to promoting the club on social media platforms.

The club was delighted to appoint three new life members for their contribution to the club over many years. Each new recipient remains active in club training, competition and volunteering.



Feb 2024 - Mob Match



Championships

CLUB CHAMPIONSHIPS

Each year, the club holds annual summer and winter championships, a key component in promoting participation in racing throughout the year, one of our stated aims. This year we have slightly adjusted the dates for our summer and winter championships so that our final events can be better tied in with an awards night. In summer, twelve races were selected, from track races to two-mile time trials, 5k parkruns, 10k road races and the Great Scottish Run half marathon.

In winter, these were supplemented by cross country races and for the first time a 3000m track race. In both championships, each competitor's best eight results contribute to their score.

The club also awards prizes for the winners of all age categories from 40+ to 70+ for both women and men. This is key in promoting participation and competitiveness throughout the club and allows a wider range of athletes to be recognised for their achievements whatever their age.

The club champions and age category winners for Summer 2023 were:

Summer Championship 2023		
Award	Men	Women
1 st	Adam Stark	Kristina Greig
2 nd	Donald MacLaren	Katherine Hylands
3 rd	Dave Eames	Becky Simister
V40	Mark Watson	Angela Campbell
V50	Iain Muirhead	Claire McCormick
V60	Tom Keenan	Christine McKay
V70	John Softley	Deirdre Hoyle

The club champions and age category winners for Winter 2023-24 were:

Winter Championship 2023-24		
Award	Men	Women
1 st	Fraser Armstrong	Kristina Greig
2 nd	Adam Stark	Katherine Hylands
3 rd	Matthew Brown	Claire McCormick
V40	Scott Mason	Vicki Fraser-Hopewell
V50	Garry Henderson	Stephanie Rudd
V60	Kevin Smith	Pauline Henderson
V70	John Softley	Deirdre Hoyle
1 st Junior	Alistair Munro	Lexie Speirs

Club Competitions

During the reporting period, we hosted a number of events, sometimes in conjunction with other clubs or invited guests, promoting inter-club relations and a greater level of competitiveness:

- The John McGough Mile on the track on 24th August 2023, commemorating one of our all-time great club members, John McGough, a distinguished runner in the early 20th Century.
- Two-mile Time Trials, a regular and popular feature in the club diary with three, events throughout the year allowing members, and

invited guests from other running clubs, to measure performance on an accredited two-mile route through Pollok Park.

- Our annual 'Mob Run' on 17th February 2024 against our neighbours, Bellahouston Road Runners at the Pollok parkrun, followed by breakfast. This year our Club won the event for the first time in 8 years!
- The Brian Goodwin Memorial 10k on 7th June 2024, our flagship event, more of which below.



Awards & Accolades

Achievements & Contributions

Other Awards and Accolades

Throughout the summer and winter championships, beyond the competitions, we also recognise other aspects of our club's achievements and the contributions of our members.

SUMMER CHAMPIONSHIPS

Most Improved

Winner - Lee Graham

Lee Graham won the "Most Improved" award due to his remarkable transformation over the past year, dramatically reducing his Run Britain handicap from 22.9 to 8.1. His impressive improvements include shaving nearly seven minutes off his 5k time, bringing it down to 19:46, and delivering strong performances in two 10k races. Lee's overall progress is outstanding.

Runners-up - Lauren Mackintosh & Carys Mitchell

Most Meritorious

Winner - Jack Heathwood

Jack Heathwood won the Most Meritorious Athlete award for his exceptional dedication, consistent performance, and remarkable achievements across various distances, from a sub-15-minute 5000m to a sub-70-minute half-marathon. His accomplishments also include a top-40 finish in the Scottish cross-country championship. Jack's relentless pursuit of excellence and significant contributions to the club made him a deserving winner.

Runners-up - David Mackintosh & Kevin Smith

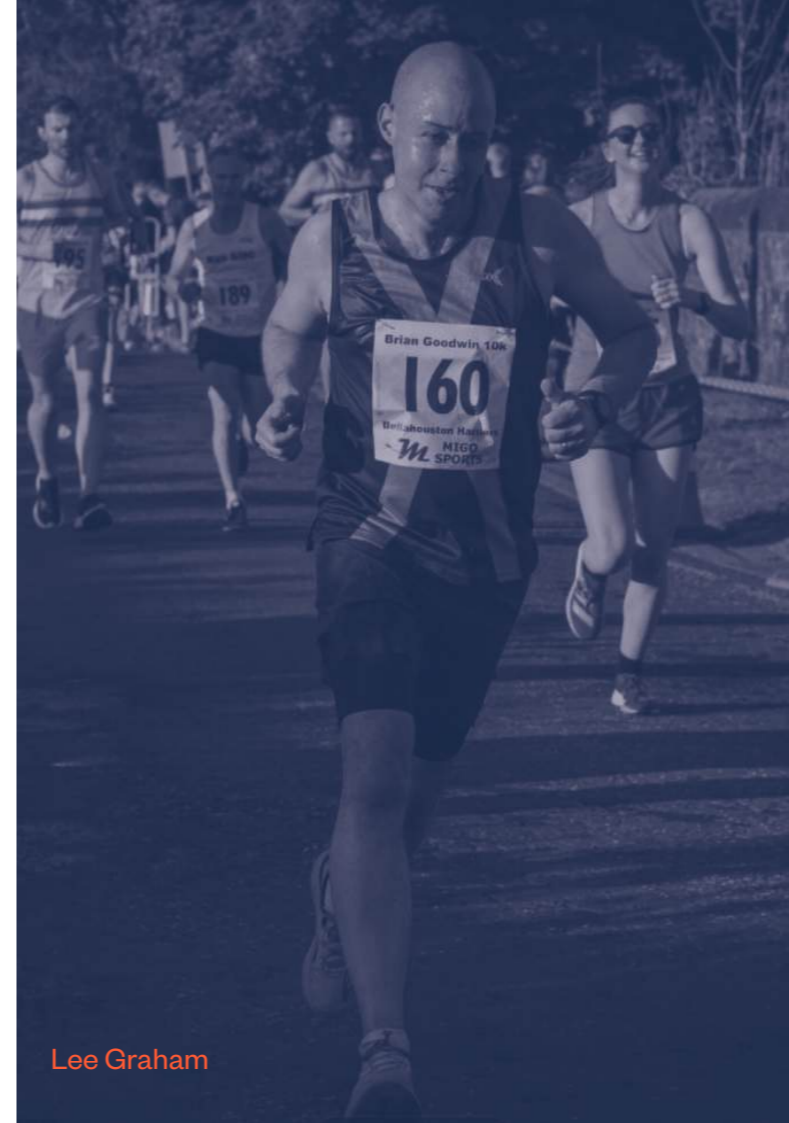
WINTER CHAMPIONSHIPS

Volunteer of the Year

Winner - Matthew Brown

Matthew won the "Volunteer of the Year" award for his longstanding dedication and continuous contributions to the club. His efforts range from advising on the championship calendar and tracking points to organising key events like the Brian Goodwin 10k. Matthew's expertise in seeding handicap events and his deep knowledge of the club make him an invaluable resource, deserving of ongoing recognition.

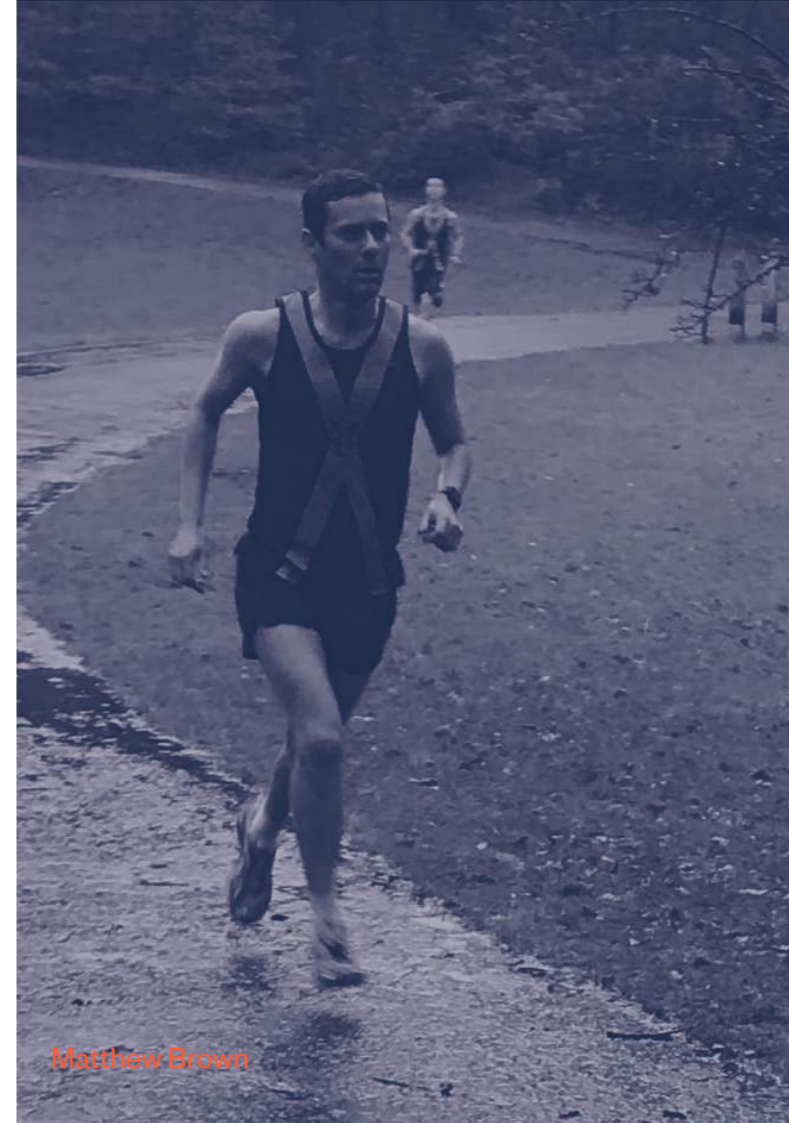
Runners-up - Kristina Greig & Marianne Wilson



Lee Graham



Jack Heathwood



Matthew Brown



Lauren Mackintosh



Carys Mitchell



David Mackintosh



Kevin Smith



Kristina Greig



Marianne Wilson



Brian Goodwin Memorial 10k

The Goodwin

Brian Goodwin, a former member, is celebrated in this annual event and this year it was held on Friday 7th June 2024, again sponsored by MIGO sports, a local running/sports shop. The event attracted 547 entrants, including 70 of our own members and over 70 volunteers from our club and supported by the wider running community to ensure a safe and fun event. The flat and fast route through Pollok Park, and the post-race beer and burger, always attract a fast field with winners Callum Hawkins on 29:45 and Kara McKenzie-Tait on 35:59.

The first Bellahouston Harriers home were Matthew O'Connor on 31:26 and Emily Renfrew on 36:50

The club undertook a comprehensive survey of all runners and volunteers to ensure that any lessons were learned, good practice and problems identified and to inform the planning process for the race and the marshalling operation for 2025.



1st Female
Kara McKenzie-Tait
35:59

2nd Female
Jenny Bannerman
36:03

3rd Female
Emily Renfrew
36:50



1st Male
Callum Hawkins
29:45

2nd Male
Kevin Campbell
29:50

3rd Male
John Bell
30:06



Matthew O'Connor & Emily Renfrew



Racing & Events

CROSS COUNTRY

During the reporting period the club participated in good numbers in all gender and age categories in the following district and national cross-country races:

- West relay - Alexandra Park
- National relay - Cumbernauld
- National short course - Lanark
- West - Strathaven
- National - Falkirk

The club also participated in the West District XC League in the following events:

- Kilmarnock 18th Nov
- Bellahouston Park 20th Jan
- Erskine 10th Feb

Our Women's team were 1st in this League

A club member was selected for the Masters V45 Scotland Team, competing in a cross-country event at Alexandra Park, Glasgow.

WIDER RACING ACTIVITY

Club members regularly compete in other club events across the local and national events calendar as well as the 3k on the Green event, parkruns across the country and races of all distances, especially half-marathons and marathons, with 14 Harriers completing the London Marathon, 11 completing Manchester, 4 completing Edinburgh and 2 completing Boston. Harriers also completed marathons in Moray, Windermere, Copenhagen and Hamburg. The Bellahouston Harriers' vest knows no geographical limits.

Track Racing

Although road running and cross-country account for most of the club's competitive racing, the track remains an important part of the club's ethos. Training on the track is a weekly occurrence for the majority of our members, improving speed and endurance but for most, competitive racing remains on the road and cross country. A small number of members, however, compete in outdoor and indoor track racing.

One member represented Scotland in the 50+ age category in the inter area event at Nuneaton, gaining PBs in 200m and 400m. The following month he won gold in Belfast in the M55 400m and 800m events, prior to competing for GB at the European Masters, reaching the final of the 800m. Next up were the 800m & 1500m events at the European Indoor Championships in Poland, followed by gold and silver medals in the M55 Scottish championships in Dundee and Highland Games at Burntisland, Inveraray and Isle of Mull.

A second Harrier has also competed in various events including the Scottish Masters, the Monument Mile Classic, winning gold and silver in the British Masters, representing GB and reaching the European Masters 1500m final, the British Masters 1-mile championships in May and the NI Masters in June.



Track - European Masters



XC - Masters Scotland Team



XC - Female Team



Track



XC West League



Racing & Events

Trail and Hill Running

A growing number of club members participate in trail and hill running, racing and ultra events throughout the year. During the reporting period, two Harriers have run the West Highland Way Ultramarathon (96 miles), three have run the Highland Fling ultra trail marathon, which is 53 miles of the West Highland Way and three have run the Lairig Ghru 43km hill race. Seven female Harriers completed the Mighty Deerstalker 14km night event in the Scottish Borders in December, involving hills, scree and three river crossings. Harriers have also competed in the CATERAN Trail 55 miles Ultra marathon, the Run the Blades Ultra (50k), half marathon and 'The Night One' 10k event, the Salomon Ring of Steall 32km sky race, the Devilla 15k trail race, the Strathearn Trail Festival, the Balmoral Trail race and the Hunters Bog Trot 6km up and over Arthur's Seat. Several have completed the Acorn Trails South by 5 Series with Pauline Henderson winning the VW60 category. On the social side, several Harriers have run the Magnificent 11 several times during the year.

Triathlon

A number of our athletes have used our twice-weekly training sessions as a stepping stone into the world of Triathlons. The Harriers' coaching model allows our triathletes the flexibility to fulfil their training plans with a variety of running sessions

focused on speed or endurance, short or long intervals, hill sessions or tempo runs. Harriers have competed at many multisport events in 2023-24 including the Big Bobble Hats Bishopbriggs Sprint triathlon in April, and a sprint tri in Australia! Our small band of Triathletes are always looking for more training buddies to join them in swimming, cycling and running.

HYROX

Bella members have also competed in the Glasgow HYROX event this year. HYROX combines both running & functional workout stations, where participants run 1km, followed by 1 functional workout station, repeated eight times.

Inline Skating

You may be asking why we would include this sport? Several Harriers donned their skates and trained throughout last summer for the Berlin Inline Skating Marathon in September, with the aim of completing it to qualify for a guaranteed Marathon place this September. Four Harriers completed the race with Marianne Wilson skating a marathon on the Saturday and running a marathon on the Sunday!



Mighty Deerstalker



Triathlon



'The Night One'



Inline Skating



Juniors

Junior Division

Our growing Junior Division meets regularly for their own Tuesday and Thursday evening training sessions. The Juniors are supported to compete in Scottish Athletics cross country events in age-appropriate categories, cheered on loudly by senior members running later, promoting a real feeling of membership. The juniors have their own summer and winter championships, with the winners in 2023/2024 of both being Lexi Speirs and Alistair Munro.

Our Juniors coach, June McLeod, continues to lead positive and energetic sessions with our growing band of juniors. During the reporting period, she has introduced track sessions on Thursdays, which have proved very popular.

We have developed a Parents' Handbook which sets out how our Junior Division works and describes the athletes' pathways, details of competitions, participation rewards, relevant club policies and parents', athletes' and the club's commitments.

We have reintroduced a Juniors Captain whose role is to provide coordination and communication around events, keep track

of points, provide updates and answer questions. We have also introduced a Girls Captain and a Boys Captain who will act as mentors to the junior section. From their personal experience they can offer support and advice on participation in club events or cross country.

We have been successful in applying for funding from a couple of sources: Glasgow Life and 'On The Right Track'. With these funds we will be able to train a coach specifically to work with the juniors and purchase t-shirts to be awarded for participation in club championship and other events. One of our goals for the next phase of development is to secure funding to enable two juniors aged 16+ to become coaching assistants.

As noted above, our junior numbers have increased significantly over the reporting period and we feel we are well on our way to creating a thriving, healthy, diverse Junior Division within the southside of Glasgow, with our ambition of seeing a regular flow of juniors moving through to the senior level of the club.



Mob Match - Pollok parkrun



National XC - Falkirk



Icecream run



Other club activities

Volunteering

Club members regularly take on volunteering roles to ensure that our races are safe and enjoyable events, with over 70 members and their friends and families supporting the organisation and marshalling of the Brian Goodwin Memorial 10k.

Moreover, our members take on volunteering roles outwith the club to support local road races and cross-country races. Members regularly support parkruns, Junior parkruns and local trail races. We have several parkrun race directors within our membership. An example of supporting the wider running community is:

- As a 'thank you' to Tollcross and Springburn parkruns who hosted one of our club championship races in September 2023 and April 2024, respectively, our club members filled marshalling roles at one of their subsequent parkruns.

Social weekend

After a gap due to Covid, the first training weekend since 2019 took place this year. On the May Bank Holiday weekend, 18 Harriers made their way north for a couple of days of running in the Cairngorms. And what a weekend it was. Staying at the Cairngorms Lodge Youth Hostel just next to Loch Morlich, there were short runs, long runs, long short

runs, short long runs, parkrun, runs around lochs and a bothy run... something for every taste. For some it was a great opportunity to experience the joys of trail running while others used this as part of their marathon training.

Runs took place mainly around Loch Morlich and Loch an Eilein, but on Saturday morning the Harriers gave it their all at Aviemore Parkrun, with David Johnston finishing in 4th position and Kristina Greig finishing as 1st female. Post parkrun snack, a small group took on the challenge of crossing the Chalamain Gap, while others braced the cold waters of Loch Morlich for a wee post-run swim after an adventurous run around Loch an Eilein (the chosen course remains a mystery but was loosely based on planned route). Every day's adventures were shared in the evening over either some drinks or a game of Uno. On Sunday, the whole group finished the weekend with a run (or walk) up to Ryvoan bothy with a stop at the green loch and a well-deserved lunch at Ryvoan Bothy where the sun made an appearance.

All in all an amazing weekend, with loads of miles on the legs and the beautiful Cairngorms providing an amazing backdrop. So good, another weekend is planned for September!

Scottish Clubs Conference

The Club attended the above conference for the first time in October 2023. The theme was 'The Power of People' with engaging plenary sessions and very informative workshops, hosted mainly by Scottish Athletics and other Clubs. The day provided an excellent opportunity to learn from others and to bring some ideas back to our club, not least of which has been the introduction of the Parents' handbook for our Juniors Division.

Twelve Club members attended the Awards Dinner following the conference. These were selected randomly from our various sub-groups, coaching groups, and committees as a thank you for the continued efforts of all our volunteers in running and managing the club.

Fund-raising / Charitable work

The club held two fund raising events during the reporting period.

- On 18th December 2023, our annual Christmas Two-mile time trial saw 45 bags of food and provisions collected from members and donated to the local Glasgow Southeast food bank.

- On 13th April 2024, two members organised our combined Awards and Quiz night at which awards were presented to our top woman, Kristina Greig and top man, Fraser Armstrong as well as to age category winners, our top juniors and our Volunteer of the Year, Matthew Brown. A raffle raised £585 which has been donated to the Moira Fund, set up in memory of Moira Jones and in whose memory an annual 5k race in the park is held, attended by many of our club members.

- In response to a plea from a local charity coordinator, two members agreed to be 'running buddies' to a man suffering from the early onset of dementia but who wanted to continue with his lifelong passion for running. Running with the man on a regular basis has been 'life changing' for him, according to feedback from the charity coordinator, allowing him to continue running whilst reassuring his family of his safety.



Club Development

The trustees have a busy agenda, directing and managing the club's activities throughout the year. This year, we have focused on several key initiatives aimed at enhancing member experience, strengthening our organisational structure, and ensuring long-term sustainability.

Here's an overview of some of our efforts:

- **Organisational Strengthening:**

We conducted a thorough review to identify areas where responsibilities were concentrated among a few members or simply missing. To address this, we appointed new members to existing roles, created new positions, and formed sub-groups to distribute tasks more evenly, enhancing the overall member experience.

- **Development of Coaching Team:**

As our club continues to grow, we need a larger coaching team to ensure our club's needs are met in line with recommendations from our governing body. This year, we were successful in securing funding for seven coaching courses and a first aid course.

- **Club Identity and Branding:**

We undertook a comprehensive review of our club identity, involving member consultation to define our core values. This process led to the development of brand guidelines and the creation of a streamlined logo applied across all club materials, including vests, training gear, social media platforms, and our club gazebo.

- **Membership Engagement:**

We launched our first membership survey, gathering valuable feedback through open-response questionnaires. The insights gained helped us identify areas for improvement, and we are now implementing strategies based on these findings.

- **Junior Division Revitalisation:**

We overhauled our Junior Division, introducing new structures and roles to better support and develop this vital part of our club, ensuring its growth and success.

- **Operational Base Review:**

In response to the post-pandemic landscape, we conducted an in-depth review of our training base and facilities. This included extensive member consultation, the exploration of new venue options, and the subsequent integration of our events and regular training activities.

- **Financial Management:**

We reviewed our budget and key financial outlays, establishing new contracts and optimising existing ones to ensure the best value for the club's resources.

- **Constitution and Governance:**

We reviewed our club constitution and reaffirmed our commitments to Scottish Athletics and OSCR, ensuring alignment with our governing bodies.

- **Social Engagement:**

We revitalised the social aspect of our club by reintroducing successful activities like training away days and introducing new initiatives to celebrate our members' achievements through awards and social events.



2MTT - July



West Highland Way



London Marathon - Club Ballot



Quiz & Winter Championship Awards night



Financial Statements

INDEPENDENT EXAMINER'S REPORT

Under Clause 34.3 of the club's constitution, the annual accounts are always scrutinised by an independent examiner. The club strives to have that independent scrutiny completed in time for presentation of the club's accounts at the AGM but the independent examiner's report is not yet to hand. If it is received prior to the AGM, it will be shared with members.

If, however, it is not received in time for the AGM, and in line with Clause 34.3, the treasurer will ensure that it is circulated as soon as possible thereafter and members updated accordingly.

If the independent scrutiny highlights a material change, an EGM will be called to explain the change.

FINANCIAL STATEMENTS

Financial review

The Club's main source of funding is annual membership fees, supplemented by the Club's principal fundraising event the Brian Goodwin 10k.

An operating surplus of £4,901 (inclusive of £652 bank interest earned) was generated in the period. Readers should note that due to the timing of the Brian Goodwin event, typically mid to late June, certain costs of the 2023 event (amounting to £3,073) are included in the payments for the current 2024 period, whilst similar costs relating to the 2024 event were not received at the balance sheet date and will not be paid until the Club's 2025 financial year.

Basis of accounting

These accounts have been prepared on the Receipts and Payments basis in accordance with the Charities & Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended).

Nature and purpose of funds

Unrestricted funds (General Reserves) are those that may be used at the discretion of the trustees in furtherance of the objects of the charity. The trustees maintain a single current account with a major high street bank for the day-to-day running of the club.

Funds not expected to be required in the short term are maintained in a 35-Day Notice account with a major high street Bank. The Trustees intend to review the use of this account in the forthcoming period to ensure it provides an appropriate balance between risk and reward. At no time will the club make speculative investments; all funds are within the sums covered by the Financial Services Compensation Scheme.

Restricted funds (Designated Reserves) may only be used for specific purposes. Restrictions arise when specified by the donor or when funds are raised for specific purposes. The club has no restricted reserves at the balance sheet date.

Events after the balance sheet date

There are no post Balance sheet events.



Accounts & Balance

RECEIPTS & PAYMENTS ACCOUNT

	Year to 30th June 2024	Year to 30th June 2023
Receipts		
Race entries	10,768	12,157
Membership fees	16,242	13,179
Club Christmas social- contributions from members	0	0
Proceeds from kit sales to members	354	316
Bank interest on 35-day notice account	652	220
Grant income	1,250	0
Return of Tour of Clydeside surplus	1,085	0
Sale of Santander Shares	246	0
Other	217	0
Total Gross income	30,814	25,872

Payments		
Costs of holding races	7,997	9,882
Clubhouse rental- Cartha Queens Park/H@PP	4,820	5,941
Rental of track- Hutchesons Grammar School	1,563	1,803
Race entries	2,137	1,909
Head coach	2,980	2,100
Scottish Athletics Affiliation fee	1,372	956
Club championship prizes and awards	787	720
Costs of level 1 and level 2 coaching courses for members	1,645	0
Van hire - gazebo transport to races	618	478
Bank charges	771	453
Scottish Athletics awards night Table	624	0
Other items	599	167
Total Gross payments	25,913	24,410

Operating surplus	4,901	1,463
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BALANCE SHEET AS AT 30th JUNE 2024

	30-Jun-24	30-Jun-23
Assets		
Bank – Current Account	13,346	10,801
Bank – 35-Day Notice Account	21,053	20,401
	34,399	31,202
Liabilities		
Creditors	0	0
NET ASSETS	34,399	31,202
Reserves		
Opening reserves	31,202	29,739
Club Rebranding	-1,280	0
Summer Championship Trophies	-424	
Operating surplus for period	4,901	1,463
RESERVES TOTAL- unrestricted	34,399	31,202



Notes to the accounts

Note 1

The clubs accounting Period as SCIO runs for a 12 month period, The current period ran from 1st July 2023 to 30 June 2024

Note 2

The cost of the Christmas social is borne by members who attend. For administrative reasons, event was paid for by one member and reimbursed to them with no overall profit or loss to the Club. The Committee has agreed that in future the club's bank account will not be used for the collection and reimbursement of this optional social activity. Therefore, neither income nor expenditure relating to the Christmas social is detailed in the 2024 financial statements.

Note 3

The accounts for the period are prepared on a cash receipts and payments basis. The accounts for the 2024 period also include costs relating to the 2023 Brian Goodwin where these were received and paid after the 30 June balance sheet date.

An analysis of costs incurred in staging the Brian Goodwin event is set out below £

Glasgow City Council licence	258
Traffic management	1,254
Timing	1,884
First Aid cover	190
Prizes	726
Scottish Athletics non-members levy	486
Photographer	260
Sundry consumables	214
Catering - N.B. not invoiced until July and so not included in financial statements- provided for information only	3,073

Total costs **8,344**

Note 4

With the exception of the branding detailed in the income statement, no material items were purchased in the 2023/24 year; small consumables such as equipment for juniors is included within "Other items", see Note 6 below.

Note 5

Club-branded kit is purchased from an external supplier and resold to members at cost. The net proceeds are included in "receipts" above, being £354 in the current financial year.

Note 6

Costs of coaching courses borne by the club in the current financial year are included in "Other items". An analysis of other items is shown below-

Replica Trophy for Former member	94
Equipment for juniors	95
Advertising	179
Website costs	140
LEI accreditation for Share Sale	47
AGM venue fees	20
Other	25
	600

Approved by SIGNATURE VERSION RETAINED ONLY AT CLUB FOR SECURITY

Duncan Anderson (Treasurer)

3rd September 2024



Summary

CHARITABLE PURPOSES & STATED AIMS

In summary, the current trustees believe that the wide range of training, running and racing activity, the incremental growth in our membership base, and member participation in our activities provide strong evidence of the achievement of our charitable purpose and stated aims in the reporting period 2023 - 2024.



BETA HOUSTON HARRIEN

23 March 1915



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